

CURRICULUM VITAE

Tamika Chere' Barkley Zapolski, Ph.D.

Indiana University-Purdue University Indianapolis – Department of Psychology
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PROFESSIONAL AFFILIATIONS

2014 - Present Licensed Psychologist, #20042801A, State of Indiana

2013 - Present Assistant Professor
Department of Psychology, Indiana University-Purdue University Indianapolis
Indianapolis, IN

EDUCATION

2013 Doctorate of Philosophy, Clinical Psychology
University of Kentucky, Lexington, KY

2008 Masters of Science, Clinical Psychology
University of Kentucky, Lexington, KY

2005 Bachelor of Arts, Psychology
Minor: Human Development and Family Studies; Black Studies
University of Missouri-Columbia, Columbia, MO

CLINICAL PREDOCTORAL INTERNSHIP

2012 - 2013 UK Adolescent Medicine, UK Women's Health, UK Orofacial Pain Center, and
Eastern State Psychiatric Hospital
Lexington, KY

RESEARCH INTERESTS

African American Drug Use and Addiction
Developmental Risk
Sociocultural Factors
Prevention/Intervention

GRANTS

2015-2017 KL2TR001106
NIH/ National Center for Advancing Translational Sciences (NCATS)
"Use of modified DBT-A in reducing risk-taking behaviors among adolescents"
75% salary support, \$14,000 for project related expenses
Role: Principal Investigator of a KL2 Grant

2014-2017 NIH Loan Repayment Program (LRP)
National Institute on Drug Abuse (NIDA), Pediatric Division
\$18,000
Role: Principal Investigator

2013-2014 EMPOWER Grant
IUPUI Office of the Vice Chancellor for Research
\$3,000
Role: Principal Investigator

2012-2013 P50 (DA05312) Gregory T. Smith (PI)
NIDA, Center for Drug Abuse Research Translation, University of Kentucky.
“Pilot Project: Extension of an Intervention to Reduce Emotion-Based Rash Action
among Adolescents”
\$47,000 direct costs
Role: Co-Project Investigator

2010-2013 R01 (AA016166) Gregory T. Smith (PI)
National Institute on Alcohol Abuse and Alcoholism (NIAAA)
“Developmental Transitions and Risk for Alcohol Use”
\$1,909,471 direct costs
Role: Project Director

2009-2013 R01 (AA016166) Gregory T. Smith (PI)
NIH/NIAAA
“Developmental Transitions and Risk for Alcohol Use”
\$102,458 direct costs
Role: Diversity Supplement awarded to Tamika Zapolski

2008-2009 National Institute on Drug Abuse, Center for Drug Abuse Research Translation,
University of Kentucky
“An Intervention to Reduce Emotion-Based Rash Action among Middle Schoolers”
\$20,000 direct costs
Role: Project Director

2007-2009 T32 (DA 007304) Gregory T. Smith, training faculty (T. Garrity, PI)
NIH/NIDA
Research training in drug abuse behavior
Role: Trainee

FELLOWSHIPS, SCHOLARSHIPS, AND AWARDS

2016-2018 Learning for Early Careers in Addiction & Diversity (LEAD) Program Scholar
2015- Center for Translational and Prevention Science (CTAPS) Mentored Scientist
2015 NIMHD Translational Health Disparities Course Scholar
2015 NIDA Diversity Scholars Network (NDSN) Fellow
2015 Society for Prevention Research Early Career Prevention Network Travel Award
2014 American Psychological Association (APA) Minority Fellowship Program (MFP)
Psychology Summer Institute (PSI) Fellowship funded by SAMHSA
2012 Nietzel Award for Outstanding Doctoral Student in Psychology
2011 Child at Risk Conference Poster Award (3rd Place)
2011 Research Society on Alcoholism Student Merit Award
2009 International Society for Research on Impulsivity and Impulse Control Disorders Travel
Award
2008 Research Society on Alcoholism Student Merit Award
2005-2007 Lyman T. Johnson Fellowship
2001-2005 George Brooks Scholarship

PUBLICATIONS

PEER REVIEWED JOURNALS

* indicates student author

1. **Zapolski, T. C. B.**, & Smith, G.T. (in press). Pilot study: Implementing a brief DBT skills program in schools to reduce health risk behaviors among early adolescents. *Journal of School Nursing*.

2. **Zapolski, T.C.B.**, Fisher, S., Wen, W, & Barnes-Najor, J. (2016). What can parents do? Examining the role of parents on buffering the negative relationship between racial discrimination, negative affect, and behavioral outcomes among African American youth. *Clinical Psychological Science*, 4(4), 718-731. doi: 10.1177/2167702616646371
3. **Zapolski, T.C.B.**, *Baldwin, P. & Lejuez, C.W. (2016). Examining risk for frequency cocaine use: Focus on an African American treatment population. *Substance Use & Misuse*, 51(7), 882-891. <http://dx.doi.org/10.3109/10826084.2016.1155618>
4. **Zapolski, T.C.B.**, Lau, K.S., Garcia, C.A., Jarjoura, G.R. & Aasima, M.C. (2016). Examining the influence of ethnic/racial socialization on aggressive behaviors among juvenile offenders. *Journal of Juvenile Justice* 5(1), 65-79.
5. *Hershberger, A., **Zapolski, T.C.B.**, & Aasima, M.C. (2016). Social Support as a buffer between discrimination and cigarette use in juvenile offenders. *Addictive Behaviors*, 59, 7-11. doi:10.1016/j.addbeh.2016.03.003
6. *Dir, A., *Banks, D., **Zapolski, T.C.B.**, Cyder, M.A., & Hulvershorn, L.A. (2016). Negative urgency and emotion regulation predict positive smoking expectancies in non-smoking youth. *Addictive Behaviors*, 58, 47-52. doi:10.1016/j.addbeh.2016.02.014
7. *Birkley, E.L., **Zapolski, T.C.B.**, & Smith, G.T. (2015). Race differences in the prospective relationship between depression and alcohol use from elementary school to middle school. *Journal of Studies on Alcohol and Drugs*, 76, 799-808. doi: <http://dx.doi.org/10.15288/jsad.2015.76.799>
8. Guller, L., **Zapolski, T. C. B.**, & Smith, G. T. (2015). Longitudinal test of a reciprocal model of smoking expectancies and smoking experience in youth. *Psychology of Addictive Behaviors*, 29, 201-210. doi: 10.1037/adb0000002
9. Guller, L., **Zapolski, T. C. B.**, & Smith, G. T. (2015). Personality measured in elementary school predicts middle school addictive behavior involvement. *Journal of Psychopathology and Behavioral Assessment*, 37, 523-532. doi: 10.1007/s10862-014-9474-6
10. Pearson, C.L., **Zapolski, T.C.B.**, Smith, G.T. (2014). A longitudinal test of impulsivity and depression pathways to early binge eating onset. *International Journal of Eating Disorders*, 48(2), 230-237. doi: 10.1002/eat.22277
11. Settles, R., **Zapolski, T.C.B.**, & Smith, G.T. (2014). Longitudinal test of a developmental model of the transition to early drinking. *Journal of Abnormal Psychology*, 123, 141-151. doi: 10.1037/a0035670.
12. **Zapolski, T. C. B.**, Pedersen, S. L., McCarthy, D. M., & Smith, G. T. (2014). Less drinking, yet more problems: Understanding African American drinking and related problems. *Psychological Bulletin*, 140(1), 188-223. doi:10.1037/a0032113
13. **Zapolski, T.C.B.**, & Smith, G.T. (2013). Comparison of parent versus child-report of child impulsivity traits and prediction of outcome variables. *Journal of Psychopathology and Behavioral Assessment*, 35 (3), 301-313. doi:10.1007/s10862-013-9349-2
14. Smith, G.T., Guller, L., & **Zapolski, T.C.B.** (2013). A comparison of two models of urgency: Urgency predicts both rash action and depression in youth. *Clinical Psychological Science*, 1(3), 266-275. doi:10.1177/2167702612470647
15. Combs, J.L., Pearson, C.M., **Zapolski, T.C.B.**, & Smith, G.T. (2013). Pre-Adolescent disordered eating predicts subsequent dysfunction. *Journal of Pediatric Psychology*, 38(1), 41-49. doi: 10.1093/jpepsy/jss094

16. Pearson, C.M., Combs, J.L., **Zapolski**, T.C.B., & Smith, G.T. (2012). A longitudinal transactional risk model for early eating disorder onset. *Journal of Abnormal Psychology, 121*(3), 707-718. doi:10.1037/a0027567
17. Yozwiak, J.A., Lentzsch-Parcells, C.M., & **Zapolski**, T.C.B. (2012). Suicide and suicidal ideation among college students. *International Journal of Disability and Human Development, 11*, 185-189.
18. Stairs, A.M., Smith, G.T., **Zapolski**, T.C.B., Combs, J.L., & Settles, R.E. (2012). Clarifying the construct of perfectionism. *Assessment, 19*, 146-166. doi: 10.1177/1073191111411663.
19. **Zapolski**, T.C.B., Guller, L., & Smith, G.T. (2012). Construct validation theory applied to the study of personality dysfunction. *Journal of Personality*. doi: 10.1111/j.1467-6494.2012.00772.x.
20. **Zapolski**, T.C.B., Stairs, A.M., Fried, R.E., Combs, J.L., & Smith, G.T. (2010). The measurement of dispositions to rash action in children. *Assessment, 17*, 116-125. doi: 10.1177/1073191109351372.
21. **Zapolski**, T.C.B., Settles, R.F., Cyders, M.A., & Smith, G.T. (2010). Borderline Personality Disorder, Bulimia Nervosa, Antisocial Personality Disorder, ADHD, Substance use: Common threads, common treatment needs, and the nature of impulsivity. *The Independent Practitioner, 30*, 20-23.
22. Cyders, M.A., **Zapolski**, T.C.B., Combs, J.L., Fried, R.E., Fillmore, M.S., & Smith, G.T. (2010). Experimental effect of positive urgency on negative outcomes from risk taking and on increased alcohol consumption. *Psychology of Addictive Behaviors, 24*, 367-375. doi: 10.1037/a0019494.
23. **Zapolski**, T.C.B., Cyders, M.A., & Smith, G.T. (2009). Positive urgency predicts illegal drug use and risky sexual behavior. *Psychology of Addictive Behaviors, 23*, 348-354. doi: 10.1037/a0014684
24. Smith, G.T., McCarthy, D.M., & **Zapolski**, T.C.B. (2009). On the value of homogeneous constructs for construct validation, theory testing, and the description of psychopathology. *Psychological Assessment, 29*, 272-284. doi: 10.1037/a0016699.

BOOK CHAPTERS

1. Pearson, C. M., **Zapolski**, T. C. B., Levinson, C. A., Wood, A., & Smith, G. T. (2013). Defining beauty: Cultural variations in the pursuit of attractiveness and associated harms. In N. Gotsiridze-Columbus (Ed.), *Binge Eating and Binge Drinking: Psychological Social and Medical Implications*. New York: Nova Science Publishers.
2. **Zapolski**, T.C.B., Guller, L., Smith, G.T. (2013). On the valid description of personality dysfunction. In P.T. Costa, Jr. & T.A. Widiger (Eds.) *Personality Disorders and the Five Factor Model of Personality - 3rd Edition*. American Psychological Association.
3. Yozwiak, J.A., Lentzsch-Parcells, C.M., & **Zapolski**, T.C.B. (2013). Suicide and suicidal ideation among college students. In D. T. L. Shek, R. C. F. Sun, & J. Merrick (Eds.), *University and college students: Health and development issues for the leaders of tomorrow*. New York: Nova Science Publishers, Inc.
4. Smith, G.T., **Zapolski**, T.C.B., Combs, J.L., & Fried, R.E. (2010). Impulsivity. In I. B. Weiner and W. E. Craighead (Eds.), *Corsini's Encyclopedia of Psychology (4th edition), vol. 2*, 807-809.
5. Cyders, M.A., Combs, J., Fried, R., **Zapolski**, T.C.B., & Smith, G.T. (2009). Emotion-based impulsivity and its importance for impulsive behavior outcomes. In G. H. Lassiter (Ed.), *Impulsivity: Causes, Control and Disorders*, pp. 105-125. New York, NY: Nova Science Publishers.
6. Smith, G.T., & **Zapolski**, T.C.B. (2009). Construct validation of personality measures. In J. N. Butcher (Ed.), *Oxford Handbook of Personality Assessment*, pp. 81-98. New York, NY: Oxford University Press.

7. **Zapolski, T.C.B., & Smith, G.T.** (2008). Eating disorders within black sororities. In G. Parks (Ed.), *Our Fight has just Begun: The Relevance of Black Fraternities and Sororities in the 21st Century*, pp. 347-363 Lexington, KY: University Press.
8. Smith, G.T., Annus, A.M., & **Zapolski, T.C.B.** (2007). Theory and test validation: A practical example. In M. A. Lange (Ed.), *Leading-Edge Psychological Tests and Testing Research*, pp. 51-70. New York, NY: Nova Science Publishers.

MANUSCRIPTS SUBMITTED FOR PUBLICATION

1. *Banks, D. & **Zapolski, T.C.B.** (under review, revise and resubmit). Impulsivity and problem drinking in college: Examining the mediating role of sex-related alcohol expectancies and alcohol use at sex.
2. *Banks, D. & **Zapolski, T.C.B.** (under review, revise and resubmit). Racial differences in the link between alcohol expectancies and adolescent drinking.
3. **Zapolski, T.C.B.**, Fisher, S., *Banks, D., Hensel, D., & Barnes-Najor, J. (under review, revise and resubmit). The protective effect of racial/ethnic identity on drug attitudes and use: Examining differences among a diverse sample of youth.
4. **Zapolski, T.C.B.**, *Baldwin, P., *Banks, D., & Stump, T. (under review, revise and resubmit). Does a crossover age effect exist for African American and Hispanic binge drinkers? Findings from the 2010-2013 National Study on Drug Use and Health.
5. *Banks, D. & **Zapolski, T.C.B.** (under review). Integrating impulsivity, expectancies, and alcohol use to predict risky sexual behavior among college students: A test of the acquired preparedness model of risk.
6. **Zapolski, T.C.B.**, Banks, D.E., Lau, K.S., & Aalsma, M.C. (under review). Extension of the General Strain Theory: Examining the link between perceived police injustice, moral disengagement, and aggression among juvenile offenders.

MANUSCRIPTS IN PREPARATION

Note: This list includes those papers for which data are collected and preliminary analyses conducted.

1. **Zapolski, T.C.B.**, *Rowe, A., Fisher, S., & Barnes-Najor, J. Peer victimization and substance use risk among youth: The mediating role of mood.
2. **Zapolski, T.C.B.**, *Rowe, A., Fisher, S., Hensel, D., & Barnes-Najor. Peer Victimization, Negative Affect, and Alcohol Use: Is there a critical point among high school youth?
3. **Zapolski, T.C.B.**, Fisher, S., & Barnes-Najor. How do others view my race? The impact of collective self esteem on health outcomes for African American youth.
4. **Zapolski, T.C.B.**, *Banks, D., & *Faidley, M. (under review). Perceived discrimination and substance use: Examining the moderating effect of distress tolerance and negative urgency.
5. *Banks, D. & **Zapolski, T.C.B.** (under review). Racial difference on the effect of alcohol expectancies on use across adolescents.
6. Fisher, S., **Zapolski, T.C.B.**, Al-Uqdah, S., Stevens-Watins, D., Sheehan, C., & Barnes, J. Brief report: Racial marginalization in schools and adolescent alcohol use.
7. Fischer, S., **Zapolski, T.C.B.**, & Barnes, J. Untangling the protective effect of ethnic identity and self-esteem on substance use outcomes among multiethnic youth.

PAPER & POSTER PRESENTATIONS

1. Zapolsk, T.C.B., Aalsma, M.C., Salyers, M., & Watson, D. (2016, Sept). Brief Dialectical Behavior Therapy (DBT-A) skills group as a primary/secondary intervention in a school-based setting. Poster presented at the annual meeting of the Indiana Clinical and Translational Sciences Institute, Indianapolis, IN.
2. Fisher, S., Zapolski, T.C.B., Hus, W., Sheehan, C., Malone, C., & Barnes, J. (2016, Aug). The role of parents and early adolescent drug use: A longitudinal investigation. Paper presented at the annual meeting of the American Psychological Association, Denver, CO.
3. *Banks, D.E., & Zapolski, T.C.B. (2016, June). Alcohol expectancies predict alcohol use among European American but not African American adolescents. Poster presented at the annual meeting of the Research Society on Alcoholism, New Orleans, LA.
4. *Banks, D.E., & Zapolski, T.C.B. (2016, June). Integrating impulsivity, expectancies, and alcohol use to predict risky sexual behavior among college students: A test of the acquired preparedness model of risk. Paper presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.
5. *Banks, D.E., & Zapolski, T.C.B. (2016, June). Impulsivity and problem drinking in college: Examining the mediating role of sex-related alcohol expectancies and alcohol use at sex. Poster presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.
6. Zapolski, T.C.B., Fisher, S., Hsu, W. (2016, June). The protective effect of ethnic identity on drug attitudes and drug use among high school students from diverse backgrounds. Poster presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.
7. Zapolski, T.C.B., Aalsma, M., Salyers, M., & Watson, D. (2016, April). Using a brief Dialectical Behavior Therapy program for adolescents in a school-based setting. Poster presented at the annual meeting of the Association for Clinical and Translational Science, Washington, D.C.
8. Zapolski, T.C.B. (2015, September). Using a Brief Dialectical Behavior Therapy (BDT-A) Intervention for reducing negative health behaviors in a school-based setting. Poster presented at the annual meeting of the Indiana Clinical and Translational Sciences Institute, Indianapolis, IN.
9. Zapolski, T.C.B. (2015, May). Reducing engagement in risky health behaviors among early adolescents. Poster presented at the annual meeting of the Society for Prevention Research, Washington, D.C.
10. Zapolski, T.C.B. & *Baldwin, P. (2015, May). Examining risk for frequent cocaine use: Focus on an African American treatment population. Poster presented at the annual meeting of the Society for Prevention Research, Washington, D.C.
11. *Banks, D.E., *Dir, A.L., Zapolski, T.C.B., *McIntyre, E., & Hulvershorn, L.A. (2015, May). Negative urgency and emotion regulation predict positive smoking expectancies in youth. Poster presented at the annual meeting of the Society for Prevention Research, Washington, D.C.
12. Zapolski, T.C.B. (2014, July). Racial differences in prevalence, risk, and consequences of concurrent alcohol and marijuana use among youth. Poster presented at the American Psychological Association (APA) Minority Fellowship Program (MFP) Psychology Summer Institute (PSI), Washington, D.C.
13. Zapolski, T.C.B. (2012, June). Effects of parental/peer disapproval on psychological functioning for early adolescent African American drinkers. Poster presented at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.
14. Zapolski, T.C.B. (2012, June). Effects of parental/peer disapproval on psychological functioning for early adolescent African American drinkers. Paper presented at the annual meeting of the Research Society on Alcoholism Conference, San Francisco, CA.

15. Zapolski, T.C.B., & Smith, G.T. (2012, March). Ethnic differences in risk for heavy alcohol use among pre-adolescents. Paper presented at the annual meeting of the Children at Risk Conference, Lexington, KY.
16. Zapolski, T.C.B., & Smith, G. T. (2011, June). Ethnic differences in the prediction of drinking behavior during the transition to adolescence. Poster presented at the annual meeting of the Research Society on Alcoholism, Atlanta, GA.
17. Smith, G. T., & Zapolski, T. C. B. (2011, March). Personality dispositions to rash action increase the likelihood of early engagement in maladaptive behaviors. Paper presented at the biannual meeting of the Society for Research in Child Development, Montreal, CA.
18. Zapolski, T.C.B. (2010, September). An intervention to improve goal-directed behavior and reduce risky behaviors in early adolescents. Poster presented at the University of Kentucky Child At Risk Meeting, Lexington, KY.
19. Smith, G.T., & Zapolski, T.C.B. (2010, August). Positive and negative urgency: Personality dispositions for emotion-based rash action. Paper presented at the annual meeting of the American Psychological Association, San Diego, CA.
20. Zapolski, T.C.B. & Smith, G.T. (2010, June). A Model of African American Drinking Risk. Poster presented at the annual meeting of the Research Society on Alcoholism, San Antonio, TX.
21. Cyders, M.A., Smith, G.T., Zapolski, T.C.B., Fried, R.E., & Combs, J.L. (2009, July). Positive emotion-based drinking among college students: A longitudinal and experimental analysis. Poster presented at the annual meeting of the Research Society on Alcoholism, San Diego, CA.
22. Cyders, M.A., Zapolski, T.B., Combs, J.L., Fried, R. Fillmore, M., & Smith, G.T. (2009, June). Manipulation of positive emotion and its effect on negative outcomes of gambling behaviors and alcohol consumption: The role of positive urgency. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
23. Zapolski, T.C.B., Fried, R., Stairs, A., Combs, J., & Smith, G.T. (2009, June). The Measurement of Dispositions to Rash Action in Children. Poster presented at the annual meeting of the International Society for Research on Impulsivity, San Francisco, CA.
24. Zapolski, T.C.B., Stairs, A., Fried, R., Combs, J., & Smith, G.T. (2009, June). Parental Reports of Personality Risk Factors in Their Children. Poster presented at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.
25. Zapolski, T.C.B. (2009, May). Construction of a Preventative Intervention for Substance Abuse Risk in Children. Paper presented at the CDART Trainee Research Forum, Lexington, KY.
26. Zapolski, T. C. B., Fried, R., Annus, A., Combs, J., & Smith, G. T. (2009, March). Multiple Dispositions to Rash Action. Poster presented at the annual meeting of Kentucky Psychological Association, Lexington, KY.
27. Zapolski, T.C.B., Fried, R., Annus, A., Combs, J., & Smith, G.T. (2008, October). Multiple Dispositions to Rash Action in Children, and their Role in Risk for Substance Abuse. Paper presented at the annual NIDA Training Grant Symposium, Lexington, KY.
28. Zapolski, T.C.B., Annus, A.M., Fried, R.E., Combs, J.L., & Smith, G.T. (2008, July). Disaggregating impulsivity traits in children. Poster presented at the annual meeting of the Research Society on Alcoholism, Washington, D.C.

29. Zapolski, T.C.B. (2007, September). Examination of the Relationship between Positive Urgency, Drug Use, and Risky Sex. Paper presented at the annual NIDA Training Grant Symposium, Lexington, KY.
30. Zapolski, T.C.B., Cyders, M.A., Rainer, S., & Smith, G.T. (2007, August). Positive urgency predicts illegal drug use, risky sexual behavior, and smoking. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
31. Zapolski, T.C.B. (2007, March). Eating Disorders within the African American Sorority Community. Paper presented at the annual meeting of Kentucky Psychological Association, Lexington, KY.
32. Barkley, T. (2005, May). Star-Crossed Lovers Persevere: Examining the Influence of Peer versus Parental Opposition on Romantic Relationships. Poster presented at the Psi Chi/MPA Midwestern Regional Convention in Chicago, IL.
33. Barkley, T. (2005, January). Me, Myself or My Family: Cultural Variations as a Moderator Variable of Relationship Termination. Poster presented at the Society for Psychology and Social Psychology Annual Conference in New Orleans, LA.

INVITED PRESENTATIONS

1. Zapolski, T.C.B. (2016, August). Invited Panelist at the African American Male Wellness Conference: Your Mind Matters, Indianapolis, IN.
2. Zapolski, T.C.B. (2016, June). *Understanding risk for AOD use among African American youth from an ecological perspective*. Invited talk delivered at the Health Disparities in Alcohol and Other Drug Problems and Health Equity Approaches pre-conference satellite session for the annual meeting of the Research Society on Alcoholism Conference, New Orleans, LA.
3. Zapolski, T.C.B. (2016, June). *Understanding substance use and other health behaviors among African American clients*. Invited talk delivered to the 2016 Cultural Competency Conference: Expanding Mental Health Narratives in Diverse Populations by the School of Nursing at Indiana University, Indianapolis, IN.
4. Zapolski, T.C.B. (2016, March). *Impulsivity and risk taking among adolescent and young adult populations*. Invited talk delivered to doctoral interns at St. Vincent Health Department of Neuropsychology, Indianapolis, IN.
5. Zapolski, T.C.B. (2015, November). *Ethnicity and diversity considerations when working with African American populations*. Invited talk delivered to the Department of Psychology at Indiana University, Bloomington, IN.
6. Zapolski, T.C.B. (2015, June). *Culturally responsive care: Focus on African American clients*. Invited talk delivered to the Cultural Competency for Behavioral Healthcare Conference funded by Indiana Division of Mental Health and Addiction (DMHA) at Indiana University-Purdue University Indianapolis, Indianapolis, IN.
7. Zapolski, T.C.B. (2014, November). *Understanding risk for drug use among adolescents through the lens of race*. Invited talk delivered to the Department of Psychology at Illinois University-Champaign Urbana, Champaign Urbana, IL
8. Eliacin, J. & Zapolski, T.C.B. (2014, October). *Health disparities research and funding opportunities*. Invited talk delivered to the ACT Center Collaborators Meeting at Indiana University-Purdue University Indianapolis, Indianapolis, IN.
9. Zapolski, T.C.B. (2014, October) *Alcohol and marijuana use among youth*. Invited talk delivered to the Emeritus Faculty at Indiana University-Purdue University Indianapolis School of Science, Indianapolis, IN

10. Zapolski, T.C.B. (2014, July). *Multicultural issues in practice*. Invited talk delivered to undergraduates registered for the course Ethics and Diversity in Psychology at Indiana University-Purdue University Indianapolis, Indianapolis, IN.
11. Zapolski, T.C.B. (2014, March). *Understanding the role of emotions in risk taking health behaviors*. Invited talk delivered to IUPUI Weekend U Conference at Indiana University-Purdue University Indianapolis, Indianapolis, IN.
12. Zapolski, T.C.B. (2012, May). *Working with African American clients: Multicultural factors to consider*. Invited talk delivered to upper-level psychology student interns at Eastern State Psychiatric Hospital, Lexington, KY.
13. Zapolski, T.C.B. (2012, February). *Gaining a better understanding of African American drinking and related problems*. Invited talk delivered to the Psychology Department at Indiana University-Purdue University Indianapolis, Indianapolis, IN.
14. Yozwiak, J.A., & Zapolski, T.C.B. (2011, November). *Adolescents and the internet: Risks and benefits*. Invited talk at the annual meeting of Stop Youth Suicide, Lexington, KY.

CLINICAL EXPERIENCE

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|------------|---|
| 2011- 2013 | Predoctoral Clinical Intern
University of Kentucky Pediatrics, Women’s Health, Orofacial Pain Center, and Eastern State Psychiatric Hospital
Activities: Conducting child and adult individual psychotherapy in various medical settings. |
| 2009- 2013 | Research Therapist/Principal Investigator
Chrysalis House, Jesse G. Harris Psychological Services Center, and Bryan Station Middle School
Activities: Conducting an experimental prevention intervention for children aged 9-14 on mood management and goal attainment. |
| 2006- 2012 | Clinical Trainee
Jesse G. Harris Psychological Services Center
Activities: Conducting adult individual psychotherapy and child group counseling at a community setting. |
| 2009-2010 | Clinical Trainee
Eastern State Psychiatric Hospital
Activities: Conduct clinical interviews and assessments requested by treatment teams at ESH. Conducting individual and group therapy for patients on a variety of psychological and health management skills. |
| 2008-2009 | Assessment Coordinator
Jesse G. Harris Psychological Services Center
Activities: Conduct screenings and intakes for potential psychotherapy and psychological assessment clients, manage the client waitlist, and assign clients to therapists. |
| 2007-2008 | Clinical Trainee
The Hope Center Recovery Program for Women
Activities: Conducting group counseling on building and maintaining health relationships at a residential substance abuse treatment facility for women. |
| 2007-2008 | Clinical Trainee
Chrysalis House Residential Treatment Facility |

Activities: Conducting adult individual and group counseling at a residential substance abuse treatment facility for women.

2006-2007 Clinical Trainee
University of Kentucky Counseling and Testing Center
Activities: Conducting individual counseling at a university setting.

UNIVERSITY TEACHING ROLES

Spring 2016 Instructor (student evaluations: 5.82 out of 6)
Department of Psychology, IUPUI, Indianapolis, IN
Ethical, Legal, and Cultural Issues in Psychology: graduate course; 17 students

Spring 2015 Instructor (student evaluations: 5.7 out of 6)
Department of Psychology, IUPUI, Indianapolis, IN
Dialectical Behavioral Therapy: graduate course; 6 students

Fall 2014 Instructor for 2 Sections (student evaluations: 5.3 out of 6; 5.2 out of 6)
Department of Psychology, IUPUI, Indianapolis, IN
Ethics and Diversity in Psychology: undergraduate course; 85 students per section

Spring 2014 Instructor (student evaluations: 4.6 out of 6)
Department of Psychology, IUPUI, Indianapolis, IN
Ethics and Diversity in Psychology: undergraduate course; 75 students

Summer 2007 Lab Instructor
Department of Psychology, University of Kentucky, Lexington, KY
Introductory Psychology: Instructed the laboratory portion of a course of 20 undergraduates. Responsible for conducting in class experiments with the class, administering, and grading quizzes.

Spring 2007 Lab Instructor
Department of Psychology, University of Kentucky, Lexington, KY
Introductory Psychology: Instructed the laboratory portion of a course of 20 undergraduates. Responsible for conducting in class experiments with the class, administering, and grading quizzes.

Fall 2006 Lab Instructor
Department of Psychology, University of Kentucky, Lexington, KY
Introductory Psychology: Instructed the laboratory portion of a course of 20 undergraduates. Responsible for conducting in class experiments with the class, administering, and grading quizzes.

UNIVERSITY/DEPARTMENTAL SERVICE

2015- IUPUI School of Science Diversity Council Member
2011 Search Committee for Clinical/Developmental Psychologist and Child at Risk
Researcher
2006-2007 College of Arts & Science Summer Student Advisor

COMMUNITY SERVICE

2014- Member of Northeast Prevention Partnership Committee
2013- Member of IU Alcohol Research Center
2013- Member of Midtown Clinical Outcomes/Research Steering Committee
2013- Member of Fairbanks Network of Addiction Experts
2013- Collaborator of the ACT Center of Indiana Collaborator

PROFESSIONAL SERVICE

2016- Society for Prevention Research Diversity Council Member
2016-2017 Research Society on Alcoholism 2017 Program Committee (Psychosocial) Member
2015 Web Content Contributor for The New York Times
2014 Web Content Contributor for American Psychological Association Office of Ethnic
Minority Affairs (OEMA)

AD HOC JOURNAL REVIEWER

Addiction
Alcohol: An International Biomedical Journal
Alcoholism: Clinical and Experimental Research
Assessment
Child Abuse and Neglect
Cultural Diversity and Ethnic Minority Psychology
Drug and Alcohol Dependence
European Journal of Personality
Human Psychopharmacology: Clinical and Experimental
Journal of Adolescent Health
Journal of Early Adolescence
Journal of Studies on Alcohol and Drugs
Journal of Psychopathology and Behavioral Assessment
International Journal of Environmental Research and Public Health
Psychology of Addictive Behaviors
Psychological Assessment
The Counseling Psychologist

PROFESSIONAL ORGANIZATIONS

Indiana Association of Blacks in Higher Education
Kentucky Psychological Association
Psi Chi
Research Society on Alcoholism
Society for Prevention Research

WORKSHOPS

2016 Bayesian Workshop. John K. Kruschke. Indianapolis, IN
2015 Multilevel Modeling. Workshop. Kevin King. Indianapolis, IN
2015 R Workshop. Alex Schoemann. Indianapolis, IN
2015 Faculty Development Program. The National Center for Faculty Development and
Diversity
2014 Moderation/Mediation Andrew Hayes. Indianapolis, IN.
2014 Teaching in No Time. The National Center for Faculty Development and Diversity
2013 New Faculty Mentoring Workshop. Purdue University
2011 Group-Based Trajectory Modeling Analysis Workshop. Lexington, KY
2010 Multilevel Linear Modeling Workshop. Curran-Bauer Analytics. Columbia, SC